

SPECIFIC GUIDELINES PACK



This document acts as a guide to the specific considerations and undertakings for your potential record attempt and is to be used in conjunction with the **Guide to Your Evidence**, which outlines the evidence we require to verify the success of your record attempt. These guidelines should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your record attempt and **must** be followed. Should any part of these guidelines be contravened, your record attempt will be disqualified, without any right of appeal.

Additionally, these guidelines in no way provide any kind of safety advice and cannot be construed as providing any comfort that the record attempt is free from risk.

Guinness World Records (“GWR”) accepts no responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that (a) all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and (b) you are in compliance with all applicable health and safety laws and regulations.

If you are attempting a record online using a non-GWR website, GWR is not responsible for the content of that platform or anything that may happen, including technical issues, during your attempt.

If you are organising a record attempt in association with an alcoholic brand you must seek explicit written permission in advance from GWR, otherwise your record may not be approved. Please send your requests to GWR using the Correspondence section in your online application.

If you are organising an online record attempt which may involve the consumption of alcohol, the following additional requirements must be met:

- The platform where the record attempt is to take place must include a responsible drinking message.
- Age restriction, targeting or affirmation technologies should be used, where available, to restrict access to users of legal purchase age or over.
- The record attempt must not be advertised in a manner which appeals to minors, encourages irresponsible drinking or offensive behaviour, or challenges participants to consume an alcoholic beverage.

The above guidance does not constitute legal advice and does not extinguish or dilute your contractual obligations to GWR.

If upon reviewing your evidence it becomes clear that any one of the above measures has not been adhered to, GWR reserves the right to disqualify the record attempt.

Finally, the provision of these guidelines in no way constitutes GWR's consent for you to undertake a record attempt. Any record attempt will only be considered to be authorised by us where you have signed our standard agreement in relation to record attempts.

Fastest circumnavigation by human power (solo)

Record definition

- This record is for the fastest solo human powered circumnavigation of the world.
- This record is to be attempted by an individual.
- This record is measured in years, days, hours and minutes.
- For the purposes of this record, human powered means on foot and any vehicle powered by the human body only.

Rules for Fastest circumnavigation by human power (solo)

1. This record is for a solo circumnavigation of the world by human power.
2. It is not acceptable for other persons to help the individual and contribute with their human power to the journey.
3. For the purposes of this record, the journey involves starting and finishing at the same place. The total distance travelled must exceed the length of the Tropic of Capricorn, namely 36,787.559 km. The Equator must be crossed at least once. All lines of longitude must be crossed.
4. The traveller may travel on foot or use any machine that is propelled solely by his/her own power. This would include, for example, bicycles, rowing boats, kayaks, skateboards etc. but excludes wind-powered vehicles and vessels of any kind.
5. For the purposes of this record, the challenger may combine different forms of human powered transportation (i.e. rowing and cycling).
6. The overall elapsed time between the start and finish of the journey must be given. Breaks or stops may be taken whenever desired but no time may be deducted for any reason.
7. Each leg of the journey must resume at the exact point at which the last ended.
8. It is not permissible for the traveller to be transported by any means other than under their own power at any time between the start and finish of the journey.
9. The route should be planned so that 'impassable' obstacles such as deserts, mountain ranges etc. are avoided.

Rules for 'circumnavigation human power' records

Please make sure ALL these rules are followed:

- a) The traveller may travel on foot or use any machine that is propelled solely by his/her own power. This would include, for example, bicycles, rowing boats, kayaks, skateboards etc. but excludes wind-powered vehicles and vessels of any kind.
- b) Motorised transport must not be used at any time.
- c) Start and finish points must be the same location.
- d) The total distance travelled must exceed the length of the Tropic of Capricorn, namely 36,787.559 km. The Equator must be crossed at least once. All lines of longitude must be crossed.
- e) The participant must pass through two approximate antipodal points during the attempt. For

exact antipodal points the co-ordinates north and south are the same, whilst that east plus that west equals 180°. However, for this event an allowance of 5° difference in total is permitted. For example, consider Madrid, Spain and Wellington, New Zealand:

- Madrid, Spain 40.25N Wellington, NZ 41.17S Difference 0.92°
- Madrid, Spain 3.43W Wellington, NZ 174.47E E+W = 177.90°
- Deduct from 180° = 2.10°
- Total: 2.10° + 0.92° = 3.02° - Acceptable

f) The journey should be continual and in one direction i.e. East to West or West to East. Any considerable distance travelled opposite to the chosen direction will be discounted from any calculations of the overall distance travelled.

g) The journey must be continuous, with each leg of the journey beginning at the point at which the previous leg ended

h) It is a requirement that the proposed route is submitted prior to the attempt to ensure that the requirement with regard to the distances covered will be achieved. Details of how the distances have been calculated must be given. The two antipodal points on the route must also be indicated.

i) The entire journey must be tracked by the use of an accurate professional equipment GPS tracking device carried by the challenger .kml files (on a disc or USB flash drive) must be sent in as part of the evidence required. These files must include timestamped waypoints/trackpoints and the distance covered.

j) The participant should not remain stationary (i.e. if he or she does not make any progress towards her destination) for longer than 14 days. Any delays longer than this should have a very good reason (e.g. injury) and must be accounted for to Guinness World Records. Note that delays that cannot be reasonably justified may result in disqualification.

k) Witness statements must be completed by those witnesses present at the start and end of the attempt. The template for these can be found in the Guide to Your Evidence document.

l) A witness book must be made available for independent witnesses, met along the journey, to sign. The book should be set up so that each witness includes their name, the location, the date and time, their signature and their email address or phone number. For an attempt which is supported by a backup team, we would expect it to be possible to gain sufficient numbers of independent witnesses to enable verification for the entire duration of the attempt. Where possible, local dignitaries and police should be sought to sign the book. For solo and unsupported attempts, we appreciate that it might not be possible to gain an unbroken line of witnesses for the attempt, but one should try to obtain as many as possible.

m) Dated photographs at recognisable landmarks must be provided.

n) Receipts for purchases and services may also be collected as an additional form of proof.

o) Copies of the traveller(s) passport/s must be submitted (only the front page and the pages relevant to this particular journey).

p) It will assist the claim if news coverage is obtained from throughout the trip, not merely in the country of origin.

q) Video evidence is required. We do not expect the entire attempt to be submitted on video – a 'highlights package' will be acceptable. This must include the following points: a) Footage of the start of the attempt; b) The point at which the record is broken; d) Any significant occurrences along the journey, and c) The end of the attempt.

r) Note that no distinction will be made between supported and unsupported journeys.

WITNESS REQUIREMENTS

- The role of an independent witness is to confirm that they observed the claimant undertaking the record attempt in the manner set out by the guidelines. Independent witnesses must be made aware of all specific guidelines in order to confirm that all have been adhered to.
- Witness statements must be completed by those witnesses present at the start and end of the attempt. The template for these can be found in the Guide to Your Evidence document
- A witness book must be made available for independent witnesses to sign. The book should be set up so that each witness includes their name, the location, the date and time, their signature and their email address or phone number. For an attempt which is supported by a backup team, we would expect it to be possible to gain sufficient numbers of independent witnesses to enable verification for the entire duration of the attempt. Where possible, local dignitaries and police should be sought to sign the book.
- For solo and unsupported attempts, we appreciate that it might not be possible to gain an unbroken line of witnesses for the attempt, but one should try to obtain as many as possible.

LOG BOOK REQUIREMENTS

- Applicants must complete a log book, giving a description of the event and details of the participant(s) daily/overall performances. It must be clear from the book the exact start and finish points of each leg of the attempt, the exact start and finish times and calculation of daily and total distances travelled. All rest breaks or stoppages for whatever reason must also be fully detailed in the log. Wherever possible, entries in the logbook should be signed and dated by independent witnesses along the route (e.g. hotel staff, police, shop owners etc.).
- The time of arrival and departure (both local and in the country of departure) at each stop should be kept and countersigned by an official at the point of entry.
- Receipts for purchases and services may also be collected as an additional form of proof.

PRE-APPROVAL

Please submit the following information prior to the record attempt to obtain approval of the proposed methods. Any attempts not pre-approved may be rejected if the process is not deemed acceptable:

1. Distance calculations: Details of how the distance to be covered has been calculated must be given before the attempt starts, to ensure these measurements are within Guidelines.
2. Start and end locations.
3. Itinerary detailing the route to be taken and the means of transport to be used for each part of the journey.
4. Antipodal points.

Plans for pre-approval must be sent using the Correspondence function within your application. Attachments such as venue layouts can be uploaded via the Evidence function. You do not need to use the Submit Evidence button after uploading; as long as you write to us in Correspondence and make sure to save the changes to your application, the materials will appear for us to review.

Please make sure you supply the following evidence:

- One cover letter explaining the context of the record attempt. Please indicate date, time and exact location of the record verification. Also please provide full details of the person(s) attempting the record including name, age, nationality and background. You can use the template in the Guide to Your Evidence or prepare a different Cover Letter.
- Two witness statements confirming the exact details of the start and end of the attempt, as well as explicitly confirming all of the rules have been adhered to.
- A Witness book as described in “Witness Requirements”.
- A Log book as described above in “Log Book Requirements”
- A GPS print out must be provided and .kml or .gpx files (on a disc or USB flash drive) must be submitted.
- A copy of the challenger’s passport.
- Photographic evidence is compulsory evidence for all record attempts. Please provide dated photographs at recognizable landmarks if possible. High quality pictures will be considered for publication online and in the Guinness World Records book or related products.
- Video evidence is compulsory. A ‘highlights package’ will be acceptable but must include the following points: a) Footage of the start of the attempt; b) Two minutes footage every hour; c) Any points where the claimant takes a break – a clock or timer must be visible on screen, but not the camcorder’s own time display; d) The point at which the record is broken; e) The end of the attempt.
- Media articles is not a compulsory evidence requirement but it will assist the claim if news coverage is obtained throughout the journey. If you have media coverage (newspaper, online, TV or radio) please submit them as part of the evidence requirements.

Please read the Guide to Your Evidence document, where you will find further information about the evidence requirements and evidence templates. It is paramount this document is read before you submit your evidence.

Evidence checklist

- Cover letter
- Details of the route followed
- Description of equipment used
- Copy of passport
- Tickets
- Witness statement 1
- Witness statement 2
- Witness statements
- Witness log books
- Log book

- Gps data (.kml files)
- Photographic evidence
- Video evidence
- Media articles